

ALLEN MEDICAL STAFFING INC.

P: (718) 364-7250

F: (718) 364-7355

MEDICAL SURGICAL SKILLS COMPETENCY CHECKLIST Registered Nurse (RN)

Name: _____ Date: _____

Total years of Medical Surgical nursing experience:

Please rate your Skill Level:

0 – No Experience. Theory Only.

1 – Limited competency / proficiency.
Supervision Required.

2 – Acceptable competency / proficiency.

3 – Competent / proficient. Performed frequently and independently.

SKILL	0	1	2	3
I. NURSING ROLES:				
Charge Nurse				
Team Leader				
II. PATIENT CARE DELIVERY:				
Team Nursing				
Primary Nursing				
III. NURSING PROCESS SKILLS:				
Nursing History				
Physical Assessments				
Skin				
Cardiovascular				
Heart				
Peripheral Vascular System				
Respiratory				
Neurological				
Abdomen				
Bowel				
Bladder				
Musculoskeletal				
Psychosocial Status				
Fall Assessment				
Pain Assessment				
Elder / Domestic Abuse				
Patient Care Planning				
Nursing Intervention				
Patient Teaching				
Evaluation of Patient Care				
Discharge Instruction / Planning				
Documentation of Care Plan				
IV. MEDICATION ADMINISTRATION:				
Narcotic control				
Insulin Administration				
Skin Testing (Intradermal injection)				
Procedure				
Documentation				
Reading Results				
Heparin Administration / Lock				
Patient Controlled Analgesia				
Administration of Medications				
Oral / Sublingual				
I.M.				
Subcutaneous				
Topical / Medication Patches				
Eye				
Ear				

SKILL	0	1	2	3
IV. MEDICATION ADMINISTRATION (contd):				
Nose				
Unit Dose Medication Administration				
Nebulizer/Aerosol Medication Treatments				
V. INTRAVENOUS THERAPY:				
Venipuncture Site Care				
Calculating & Monitoring Infusion Rate				
Infusion Pumps				
PCA Pumps				
Insulin Pumps				
IV Insertion				
Heparin Locks / Saline Locks				
Angio Caths				
Scalp Vein				
IV Push Medications				
IV Piggyback Medications				
IV Add-Mixture / Additives				
Blood / Blood Products Administration				
Monitoring Blood / Blood Products				
Lipids				
TPN / PPN				
Central Lines / Intravascular Access Ports				
PICC Lines				
VI. CHEMOTHERAPY:				
Administration of Chemo meds				
Precautions / Teaching				
Mixing / Preparation				
Disposal				
Chemotherapy Certified				
VII. NURSING PROCEDURES:				
Irrigations				
Eye				
Ear				
Foley				
Suprapubic				
Incision				
N/G Tube				
Ostomy				
Insertion of N/G Feeding Tube				
Hot Soaks				
Ice Packs				
Rectal Temperature				
Removal of Fecal Impaction				
Weighing Patients				
Vital Signs				

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SKILL	0	1	2	3
VII. NURSING PROCEDURES (contd):				
Application of:				
Restraints				
Support Binders				
Ace Wraps				
Antimobolic Stocking				
Slings				
Soft Cervical Collar				
Rib Belts				
Clavicle Brace				
Back Supports				
Chairback				
Jewett				
LS Corsets				
Crutches				
Knee Immobilizers				
Monitoring CVP				
Care of Wound Drainage				
Hemovac Suction Device				
Jackson Pratt Suction Device				
Care of:				
G-Tube				
Penrose Drains				
NG Tubes / Feeding Tubes				
Chest Tubes / Drainage System				
Salem Tubes				
Catheterization				
Male Incontinence Device				
Foley Insertion				
Foley Catheter Care				
Foley Removal				
Straight Catheter				
Gastric Suction				
Electronic Thermometer				
Range of Motion: Active / Passive				
Seizure Precautions				
Peri-Care				
Cast Care				
Skin Care in Traction				
Incision Care				
AV Shunt Care				
Bladder Irrigations				
Infection Control Precautions				
Standard Universal Precautions				
Reverse Isolation				
TB / Airborne Precautions				
MRSA / VRE Precautions				
Urine, Sugar & Acetone				
Blood Glucose Monitoring				
Stool Hemocult				
Gastric Hemocult				
Urine Specific Gravity				
Oxygen Therapy Administration				
Ambu bag				
Bag & Mask				
BiPAP				
Face mask				
Nasal Cannula				
Tracheostomy care				

SKILL	0	1	2	3
VII. NURSING PROCEDURES (contd):				
IPPB Rx				
Chest PT / Breath sounds				
Postural Drainage				
Specimen Collection				
Blood				
Central Line				
Venous Stick				
Cultures				
Sputum				
Urine				
Clean Voided				
24-hour				
Sterile (Straight Catheter)				
Swab Culture				
Gastric Analysis				
Abdominal Fluid				
Anaerobic Cultures				
Aerobic Cultures				
Wound Cultures				
Stool Samples				
Suctioning				
Oral / Yankauer				
Oral-pharyngeal				
Nasal-pharyngeal				
Tracheostomy				
Wound / Ostomy Care				
Colostomy care / bag change				
Ileostomy care / bag change				
Irrigations				
Pressure Ulcers				
Staging				
Care				
Stasis Ulcers				
Sterile Dressing Changes				
Steristrip Application				
Surgical Wounds w/ or w/o Drains				
Neuro Skills:				
Neuro Assessment				
Glasgow Coma Scale				
Seizure Precautions				
Seizure Activity				
Mental Status / LOC				
Halo Traction				
VIII. ASSIST WITH BASIC PROCEDURES:				
Pelvic Exam				
Physical Exam				
Lumbar Puncture				
Thoracentesis / Paracentesis				
Dressing Change				
Staple / Suture Removal				
Insertion of Central / PA Catheter				
Insertion of Arterial Line				
Discontinue Arterial / Central Lines				
Insertion of Chest Tubes				
IX. EQUIPMENT:				
Hypothermia Blanket				
Pressure Mattress				
Restraints				

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SKILL	0	1	2	3
IX. EQUIPMENT (contd):				
Halo Apparatus				
Traction				
Balance Traction				
Footboard				
Foster / Stryker Frame				
Circ-O-Electric Bed				
Cradles				
Intermittent Suction				
Wall-Straight Suction				
Portable O2 Suction				
Straight Drainage				
Oxygen Wall Panel / Flowmeter				
Chest Tube Suction Device				
Hoyer Lift				
K-Pads				
Nelson Bed				
Pressure Relieving Beds				
Kangaroo Pumps				
Trans Nerve Stimulator				
Pyxis				
Portable Vital Signs Monitor				
Cardiac / Tele Monitors				
Lead Placement				
Arrhythmia Interpretation				
Blood Glucose Meters				
Pulse Oxymetry				
Incentive Spirometry				
Emergency / Crash Cart				
Ambu Bag (PPV) Mask / Valve				
HEPA Filters				

X. PAIN MANAGEMENT:				
Pain assessment using pain scales				
Epidural Analgesia				
IV Conscious Sedation				
Patient Controlled Analgesia (PCA)				
Narcotic Agents				
Non-narcotic agents				
Non-pharmacological Measures				

XI. CARE OF PATIENTS:				
RESPIRATORY				
COPD				
ARDS				
Thoracic Surgery				
Asthma				
Inhalation Injuries				
Pneumonia				
Pneumothorax				
Tuberculosis				
Pulmonary Edema				
Pulmonary Embolism				
NEUROLOGY				
CVA / TIA				
Overdose				
Head Injury / Trauma				
Neuro Injury / Trauma				
Spinal Cord Injury				

SKILL	0	1	2	3
XI. CARE OF PATIENTS (contd):				
NEUROLOGY contd				
Paraplegia				
Quadriplegia				
Neuro Surgery				
Cranial Hemorrhage				
AV Shunt Placement				
Multiple Sclerosis				
Encephalitis (Viral / Infectious)				
CARDIAC				
Angina				
Aneurysm				
Post MI				
Hypertensive Crisis				
Open Heart Surgery (Pre & Post Op Care)				
CHF				
Cardiac Cath				
Fem / Pop Bypass				
RENAL / GU				
Chronic / Acute Renal Failure				
Renal Calculi				
Renal Trauma				
Nephrectomy				
TURP				
Radical Prostatectomy				
Hemodialysis				
Peritoneal Dialysis				
GI / ABDOMINAL				
Appendicitis				
GI Bleed				
Pancreatitis				
Bowel Obstruction				
Paralytic Ileus				
Liver Failure				
Hepatitis				
Laparoscopic Abdominal Procedures				
Open Abdominal Procedures				
Post endoscopic procedures				
Pre & Post op patients				
ORTHOPEDIC				
Amputation				
Arthroscopic Surgery				
Total Joint Replacement (Hips & Knees)				
Cast Care				
Orthopedic Trauma				
Skeletal Traction				
Bucks Extension				
Pin Site Care				
Laminectomy				
Passive ROM Exercises				
GYNECOLOGY				
Mastectomy				
Hysterectomy				
Tubal Ligation				
Ectopic pregnancy				
Abdominoplasty				
Reconstructive Breast Surgery				

MILLENNIUM MEDICAL STAFFING INC.

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XI. CARE OF PATIENTS (contd):				
GYNECOLOGY contd				
Thyroidectomy				
Assist / Perform GYN Exam/PAP				
Removal of Cysts				
OTHER				
Sickle Cell Anemia				
Transfusion Reaction				
Anaphylaxis				
Septic Shock				
Cancer patients				

SKILL	0	1	2	3
XI. CARE OF PATIENTS (contd):				
OTHER contd				
Infectious Diseases & complications				
HIV / AIDS				
Shingles (Herpes)				
Chicken pox				
West Nile Virus				
Lyme Disease				
Terminally ill patients				
Death & Dying				

Do you speak any other language(s) besides English? Yes / No If YES, please list other language(s): _____

Are you familiar with computer charting? Yes / No If YES, what system(s) have you used: _____

Comments: _____

I hereby certify that all information I have provided to Mill Med Staffing on this skills checklist is true and accurate. I understand and acknowledge that any misrepresentation or omission may result in disqualification from employment and/or immediate termination.

Nurse Signature: _____ Date: _____

Reviewer Signature: _____ Date: _____