

# ALLEN MEDICAL STAFFING INC.

P: (718) 364-7250

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## LPN SKILLS CHECKLIST

NAME:

SIGNATURE:

DATE:

**1 - Highly skilled** (can function well independently, strong experience)

**2 - Proficient** (experienced, may need occasional review/assistance)    **3 - Limited Skill** (limited to no experience)

### CORE SKILLS

Skills (check appropriate box)	1	2	3
Admission of a Patient			
Transfer of a Patient			
Discharge of a Patient			
Emergency Situations/Code Blue			
Vital Signs			
Post Mortem Care			
Defibrillation			
Cardioversion			
Documentation			
Patient & Family Education			
Assessment of Abuse			
Restraints			
Body Mechanics			
Aseptic Technique			
Isolation Precautions			
Medication Administration			
• PO Medications			
• IM Injections			
• SQ Injections			
• Z-track Injections			
• Rectal Suppositories			
• Nasal Sprays			
• Ear Drops			
• Eye Drops			
• Inhalers			
• Emergency Drugs/Code Cart			

### PULMONARY

Skills (check appropriate box)	1	2	3
Assessment			
• Breath Sounds			
• Rate & Work of Breathing			
Interpretation of Lab Results			
• Arterial Blood Gasses			
Equipment & Procedures			
• Endotracheal Tube/Suctioning			
• Nasal Airway/Suctioning			
• Oropharyngeal/Suctioning			
• Sputum Specimen Collection			
• Tracheostomy/Suctioning			
• Assist With Intubation			
• Assist With Thoracentesis			
• Chest Tube Management			
• Chest Physiotherapy			
• Incentive Spirometry			
• Pulse Oximetry			
Oxygen Therapy			
• Bag & Mask			
• Face Mask			
• Nasal Cannula			
• Portable O <sup>2</sup> Tank			

### NEUROLOGICAL

Skills (check appropriate box)	1	2	3
Assessment			
• Glasgow Coma Scale			
• Level of Consciousness			
Equipment & Procedures			
• Assist with Lumbar Puncture			
• Use of Hypo-Hyperthermia Blanket			

### CARDIOVASCULAR

Skills (check appropriate box)	1	2	3
Assessment			
• Auscultation (Rate, Rhythm)			
• Blood Pressure/Non-invasive			
• Doppler			
• Heart Sounds/Murmurs			
Interpretation of Lab Results			
• Cardiac Isoenzymes			
• Blood Chemistries			
Equipment & Procedures			
• Basic Arrhythmia Interpretation			
• Lead Placement			
• Basic 12 Lead EKG Interpretation			

### ORTHOPEDICS

Skills (check appropriate box)	1	2	3
Assessment			
• Circulation Checks			
• Gait			
• Range of Motion			
• Skin			
Equipment & Procedures			
• Wheelchair			

### GASTROINTESTINAL

Skills (check appropriate box)	1	2	3
Assessment			
• Abdominal/Bowel Sounds			
• Fluid Balance			
• Nutritional			
Equipment & Procedures			
• Placement of NG Tube			
• Placement of Flexible Feeding Tube			
• Administration of Tube Feeding			
• Feeding Pumps			
• Gravity Feeding			
• Salem Sump to Suction			
• Care of Gastrostomy Tube			
• Colostomy Care			

### RENAL/GENITOURINARY

Skills (check appropriate box)	1	2	3
Assessment			
• Fluid Balance			
• Urinary Output			
Interpretation of Lab Results			
• BUN & Creatinine			
Equipment & Procedures			
• Catheter Care			
• Specimen Collection			
• Routine			
• 24-Hour			
Insertion & Care of Straight & Foley Catheters			
• Female			
• Male			

### ENDOCRINE/METABOLIC

Skills (check appropriate box)	1	2	3
Assessment			
• S/S Diabetic Coma			
• S/S Insulin Reaction			
Equipment & Procedures			
• Blood Glucose Monitoring			
• Performing Finger/Heel Stick			
• Sliding Scale Insulin Protocols			

### WOUND MANAGEMENT

Skills (check appropriate box)	1	2	3
Assessment			
• Skin for Impending Breakdown			
• Surgical Wound Healing			
Equipment & Procedures			
• Sterile Dressing Change			

### INTRAVENOUS THERAPY

Skills (check appropriate box)	1	2	3
Assessment			
• Site Assessment			
Equipment & Procedures			
• Administration of Blood & Blood Products			
• Drawing Blood from a Central Line			
• Drawing Venous Blood			
• Initiation of an IV			
• Heplock Flushes			
• Administration of IV Fluid			
• Administration of Piggy Back			
• Administration of IV Push Medications			
• Site Care & Dressing Changes			
• Central Line			
• Peripheral Line			
• Administration of TPN/Lipids			

### PAIN MANAGEMENT

Skills (check appropriate box)	1	2	3
Assessment			
• Assessment of Pain Level/Tolerance			
Equipment & Procedures			
• Administration of Narcotic Analgesia			
• PCA Pumps			
• IV Conscious Sedation			
• Epidural Anesthesia			

### AGE SPECIFIC CARE

Skills (check appropriate box)	1	2	3
Newborn/Neonatal (Birth to 30 Days)			
Infant (30 Days to 1 Year)			
Toddler (1 Year to 3 Years)			
Preschool (3 Years to 5 Years)			
School Age Children (5 Years to 12 Years)			
Adolescent (12 Years to 18 Years)			
Young Adults (18 Years to 39 Years)			
Middle Adults (39 Years to 64 Years)			
Older Adults (64+ Years)			